

GT25 - GTx Route information

Gwentrek is a varied route and it involves both uphill and downhill sections. The route will require groups to pay close attention to the map in certain places, as there are multiple route choices. You must plan your own route between the points given below. Your route must be entirely over public rights of way and/or 'access land' as shown on the map. Where possible you should keep to footpaths or tracks, but some sections will involve small amounts of unavoidable road walking.

The Countryside Code and Highway Code must be followed at all times.

- Start point: **ST 5190 9650**
- Waypoint: **ST 5245 9630**
- Waypoint: **ST 5297 9474**
- Checkpoint **Alpha**: **ST 5316 9394**
- RC ####: **ST 5362 9471**
- Waypoint: **ST 5433 9571**
- Checkpoint **Bravo**: **ST 5518 9589**
- Checkpoint **Charlie**: **SO 5294 0020**
- Waypoint: **SO 5131 0059**
- Checkpoint **Delta**: **SO 5156 0123**
- Waypoint: **SO 5234 0156**
- Waypoint: **SO 5255 0209**
- Checkpoint **Hotel**: **SO 5257 0222** (Finish point/campsite)

Route planning/route cards/team card

You must decide your own route using the checkpoints and intermediate waypoints, and other information above.

You must **provide a route trace and route cards** to be retained by the organisers. Don't forget you need 2 copies yourselves! When preparing your route card you need to use **only the checkpoints**, one per line.

At all manned checkpoints and road crossings, teams are required to book in and out.

General hazards

Parts of the route have been observed to be muddy and slippery in places. Ensure your boots are done up properly and exercise caution. When walking on roads remember to stay single file and face oncoming traffic except where visibility dictates. Where there is a footpath, it is expected to be used.

There are sections of the route on road, roads are expected to be minor and relatively free of traffic, but all teams should be aware of traffic. Walk single file facing the traffic (except on right hand bends). If traffic approaches, step on to verge away from traffic.