

Gwentrek - Kit List

The following items are mandatory safety equipment and must be carried by each person / within the team. Failure to present an item at scrutineering when asked may result in the team being referred for a safety review as well as impact on team points

Mandatory Safety Kit

Personal items

10 items of key personal safety equipment are required.

- Whistle
- Emergency Food
- Waterproof coat
- Waterproof trousers
- Hat
- Gloves
- Paper & pen
- Torch
- Drink (at least 1L, can be multiple bottles)
- Personal First Aid Kit

Group Items

The following items must be provided by the team, no restriction on who is carrying the items, except they cannot be carried by the Adult Leader (or accompanying YL)

- Map x 2
- Compass x 2
- Shelter / Bivvy bags

Recommended Kit List

The following is a recommended kit list for the weekend, For GT+ - Items marked * will not be carried. These items will be transferred to a secure holding area for collection and use by the team when they return.

Clothing (per participant)

- 1 x pair walking boots
- 2 x pairs of walking socks
- 2 x jumpers / warm tops
- 2 x base layers / t-shirts
- 2 x walking trousers / warm trousers (not jeans)

Personal Kit (per participant)

- Rucksack
- Rucksack Liner (Bin bag will suffice)
- Sleeping Bag
- Sleeping Mat
- Cutlery
- Plate or Bowl
- Mug
- Matches or lighter
- Wash Kit
- Sunblock
- Sun Hat
- Towel
- Watch

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Group Kit (at least 2 per Team)

- Tent*
- Camping Stove / Trangia*
- Cooking Fuel*
- Cooking Pans*
- Scourer / dishcloth
- Tin Opener
- Tea Towel
- Plastic Bags
- Toilet Paper Roll

For GT+ - Items marked * will not be carried. These items will be transferred to a secure holding area for collection and use by the team when they return.